



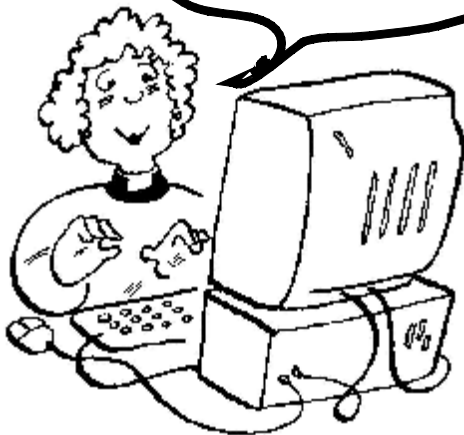
Newslink

SOUTH WEST GUMBRIA UNITED AREA

Charity Registration Number 1141404

Methodist and United Reformed Churches Working Together

The Minister Writes



Life has an annoying habit of not turning out quite the way we anticipated it or planned it to be. And sometimes the things that hit us are so overwhelming that we feel in danger of drowning, swept along by events that are simply out of our control. Redundancy, sickness, bereavement, the breakdown of a key relationship and similarly significant experiences affecting us personally or someone close to us can turn our worlds upside down. How, as Christians, do we respond? Well the simple answer is - like any other human being! The problem for us sometimes, though, is that we THINK we should be able to float

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through such events on a tide of trust and confidence in God. When we find ourselves in a dark place where it seems God has deserted us or we just can't seem to call on those reserves of trust, perhaps to the extent that we don't even feel able to pray as we normally can, then we feel we've somehow failed God - and we pile a whole heap of guilt on top of whatever has already brought us to this place. A friend of mine once asked me to lead a church study group on 'What it means to be bereaved' because when his mother passed away he hadn't felt able admit to his church or even to himself his true feelings of desolation, anger and grief since he felt he should have been joyful that she 'had gone to that better place'. Two aspects of scripture have helped me through such experiences. The psalms are often wonderful examples of people of faith struggling with the 'valleys of the shadow'. Learn from them that it's alright to rage at God, to feel God's absence or to have a sense that we've somehow lost our faith.

Area Website www.swcumbriaunitedareaurc.org.uk

Above all, God wants us to be open and honest - after all, which good parent wants their child to hide from them their true feelings when they are struggling? Even Jesus, in Gethsemane and on the cross, had his moments of doubt and despair. And secondly, we can also learn from the psalms and from Christ himself that giving vent to our true feelings allows God to break through our pain and despair, perhaps reawakening memories of previous storms we've weathered when God has brought us back into the sunlight or enabling us to find peace even in the midst of the darkness. That's why in Psalm 42 the writer can begin in a dark place, expressing a longing for a renewed sense of God's presence and end with the words: 'Why are you cast down, O my soul, and why are you disquieted within me? Hope in God, for I shall again praise him, my help and my God.'

Shalom,

Jennet

Cumbria Methodist District Synod

The United Area will have the privilege on 14th September of hosting the first Methodist Synod led by our new District Chair, Rev Dr James Tebbutt, at Beacon Hill. Amongst the key items on the agenda will be the introduction of the report on Marriage and Relationships, 'God in love unites us'. The Methodist Conference which met in July has asked us to consider its proposed resolutions prior to a further vote next summer. We will be leading the opening and closing worship and there will be the usual 'Market Place' including a bookstall provided by Cornerstone Bookshop from Ulverston.

Jennet McLeod

Thank You

We want to say thank you for all the love, prayers and messages of support we have received while Alan has been going through his first operation to remove the cancer. He is doing really well.

Janet and Alan

REGIONAL & NATIONAL WEBSITES

www.cumbriamethodistsdistrict.org.uk

North West Synod: www.nwsynod.org.uk

Connexional: www.methodist.org.uk

National: www.urc.org.uk

October issue No 145 of *Newslink* will be published at the end of September. Please send all material to reach Lilian Wood, 89 Risedale Road, Barrow, LA13 9QY by Sunday September 8th. Items can also be passed on by

 **01229 825986** or  lilian.wood4@gmail.com

Chapter and verse

The fourth in our new series where people share Bible verses that are particularly meaningful to them.

When I was a teenager (which is longer ago than I'd like to think it is!) I spent a week at the Christian festival Soul Survivor, and while I was there I heard a preacher called Mike Pilavachi talk about a verse which has stuck with me since:

'The Lord your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing.' Zephaniah 3 v 17.

This verse provides me with comfort when I'm struggling with something in my life. How amazing is it that we have a God who is always with us and will save us? And he doesn't just stay with us, he takes delight in us, shares his love with us and rejoices over us with singing. If we want to be happy, all we need to do is draw closer to him, the source of happiness, by obeying his will in our lives.

Hayley Edmondson

Barrow Mission Community

The next joint celebration event will be held at the newly-refurbished Salthouse Pavilion (the former bingo hall on Salthouse Road now owned by Spring Mount Church) on Saturday September 21st from 4 p.m. to 6 p.m. - full details yet to be confirmed. This will be an opportunity to showcase the work that is being done, increase relationships between the churches and enjoy praise and teaching together. Please note this service is down on our preaching plan for September 22nd, the original planned date, but has now been moved to the previous day due to the availability of the venue.

Leading Worship

At the beginning of August we held the first of five sessions on Leading Worship. These sessions are designed for those considering a call to be a worship leader, as a refresher for those who already fulfil that role, or for those who are simply curious!

The sessions are being held on the first Sunday of each month, so the second session will be on **Sunday 1st September**, from 2:00 to 3:30 pm at Trinity.

There will be some work to be done between sessions, and ideally you will have the internet at home so you can access the on-line materials - but we can provide printed copies if necessary. The topics covered will be 'Encountering God in the Bible', 'Encountering God in the Church' and 'Leading worship - practical skills'.

The first session was an introduction, so there is still time to join in. Everyone welcome.

Jennet McLeod

Safeguarding Training for SWCUA members

United Area members who carry out any of the following leadership roles are expected to do the **Advanced** training course. Of the courses announced, two will take place in the Furness area, though other venues are available. Although there will be more training opportunities in the future, there is no guarantee that the dates or venues will be more suitable, so I encourage you to attend one of these courses if possible.

Roles: Church safeguarding officers; presbyters or deacons with an active preaching or pastoral ministry, *including* supernumerary ministers; anyone in a paid or voluntary role which includes leadership of work with children, young people or vulnerable adults; lay pastoral leaders; worship leaders and local preachers (including those in training).

You can enrol on a course here:

<https://www.eventbrite.co.uk/e/creating-safer-space-advanced-module-registration-58634544501>

Dates and venues:

Tuesday 12th November 2019 at Beacon Hill Methodist Church, Barrow, LA13 9LH

Wednesday 17th June 2020 at Ulverston Methodist Church, LA12 0BL

Also:

Tuesday 17th September 2019 at Cornerstone Community Church, Sedbergh, LA10 5PW

Saturday 12th October 2019 at Wigton Road Methodist Church, Carlisle, CA2 7BJ

Saturday 18th January 2020 at Penrith Methodist Church, CA11 7QW

Saturday 29th February 2020 at Kirkby Lonsdale Methodist Church, LA6 2AZ

Saturday 7th March 2020 at Kirkoswald Methodist Church, CA10 1EW

Thursday 30th April 2020 at Keswick Methodist Church, CA12 4EF

Friday 15th May 2020 at United Church, Workington, CA14 2DZ

Foundation Training

Members in any of the following roles who have not yet done Methodist Foundation training in safeguarding are strongly urged to do so, as it is a requirement of the role. You can register interest with your church safeguarding officer or with me on km.aldred@icloud.com. Once we have a list of interested parties, we will organise some dates in October or November.

Roles: Church safeguarding officers; pastoral visitors; anyone working with 0 - 18 year olds or with vulnerable adults; church stewards; local preachers and worship leaders (including those training); key holders who may come into contact with vulnerable groups (e.g. caretakers).

Thank you.

Kathryn Aldred

News from re:new

Hello everyone!

Just a quick update on how our shop is doing. It's continuing to grow week by week and we are always getting new people through the door. These people come from every walk of life and have some amazing stories to tell. We also get some great moments to share our faith with people.

We are still really short of volunteers so if you feel like you could spare an hour a week then please pray about it. Currently I have 1 volunteer every day apart from Saturdays - could you do a Saturday?

Our internet sales are also going well, as well as going global! Several of our items have been sent to France, America and even Australia!! To name but a few. If you're interested in the more collectable items you can find our internet sale stock on our eBay page - re-newccs - or our Facebook page - Re:new Community Charity Shop. If you see anything on either site then please let me know.

Currently we have a glut of embroidery threads, most makes and I would guess most colours also! If you or anyone you know enjoys embroidery then please come in and have a browse!

Many blessings to you all.

Tim Jeffries

September's wish list: Books, CDs, Ladies' shoes, Volunteers (Saturday in particular), Household linens (bedding, curtains etc), Nativity sets and other Christmas items.

Community Outreach Group

The COG coffee morning held at Dalton Community Church, Market Street on Saturday 15th June raised £212.21, after expenses. Thank you to everyone who supported and helped in any way.

Daphne Watkinson

Local Preachers/Worship Leaders

All Local Preachers and Worship Leaders are encouraged to attend our next meeting on Tuesday 24th September at 7:30 pm at Trinity, which will include a re-commitment Communion.

Janet Ladds

United Area Meeting

The United Area Annual General Meeting will be held on Wednesday 25th September at 7 pm at Beacon Hill. Each church has at least two representatives and each committee has at least one representative. Please could all members of the Area meeting (or, for churches, the agreed substitutes if necessary) come to share in the planning of the life and witness of our United Area.

Christian Aid project

Thank you to Dalton Christian Women's Fellowship for their donation to the project to help children in Kenya affected by HIV and AIDS. Our total is now £3198.05.

Our target is £5000, which we aim to reach by June 2020. We have already raised £10,000 for 2 Christian Aid projects, one for work with women in Afghanistan and the other for a maternal and child health project in Kenya. This is a wonderful achievement, and when we reach our target for the current project we will be responsible for raising an amazing sum of money, as the project is part-funded by USAID, who will give £17 for every £1 raised.

Lilian Wood

We have recently received a report giving details of the work done on this project for the year ending May 2019. Extracts will be published in Newslink over the next few months.

Objective 1: Improved access to health, education and social services for vulnerable children/orphans and their families

92,176 vulnerable children and orphans received health and nutrition support.

HIV Prevention and Treatment

The project screened 12,730 children for HIV risk, out of whom 10,101 were eligible for testing. 4,434 children were tested for HIV.

Support for those affected by HIV

120 support group sessions were held at health facilities, reaching 3,689 children living with HIV. The sessions were planned to coincide with children's clinic appointments, during which they had their drugs replenished and had monitoring tests done. Children were able to express their own concerns, which included: not taking their HIV medication at the same time every day as they lacked clocks/watches; unfavourable school schedules; and lack of pill carriers so that some children had to take the entire pack to school. As a result of this feedback, 50 children were given pill carriers to protect their medication. Stigma and discrimination from peers, non-supportive caregivers, non-reported drug reactions to the clinicians and improper drug storage were also discussed.

Nutrition and sanitation counselling

10,483 parents and carers learnt about adequate nutrition, the importance of a balanced diet, appropriate food preparation and storage, kitchen gardening skills, and chicken rearing. Nutritional counselling is important because HIV treatment drugs are very strong and can make those who need them very ill when taken without adequate food.

5,141 vulnerable children and orphans were assessed during home visits, of whom 67 were found to be moderately malnourished and referred to health facilities. An additional 86 were referred to church groups to get relief food.

Provision of child protection services

Age appropriate messages on child protection were passed on to 33,821 children during age appropriate forums. Children learnt about their right to dignity and how to raise the alarm in case of abuse. Within the reporting period, 17 cases of child abuse and neglect were reported to the relevant authorities and are being followed-up to ensure completion.

2,657 children were supported to acquire birth certificates, bringing the cumulative total to

76,700 children who now have them. Obtaining a birth certificate will help children to exercise their right to basic services such as health and justice.

All in a Good Cause

A further article in our series highlighting the charities and causes supported by churches and individuals throughout the Area.

Toilet Twinning

The Food & Fellowship group at Vickerstown meets about once a month. The initial idea was simply to share a meal and time together with a voluntary donation covering the cost of the food but we quickly found that we were making a profit so had to decide what to do with it! We have supported various projects over the years, but the very first thing we did was to 'twin' both of our building's toilets - if you have ever paid a visit whilst visiting us you may have noticed the certificates on display. 'Our' toilets are both in Burundi (I confess I've never looked up the exact grid references, which are supplied along with a picture) but the scheme covers many countries where there is a need to provide basic toilets for family or community use. There may be more than one similar scheme, but the main one - and the one we used - is a partnership between Cord and Tearfund, both Christian organisations. For £60 the latrine is built, and communities receive hygiene education to encourage its correct use. £60 is an average: depending on conditions the materials and building work may cost more or less than this, and sometimes people will source their own materials and build their own latrines when an education programme has done a good enough job of explaining why they are needed. Projects supported by toilet twinning donations also help to provide clean water, preventing avoidable disease. The website estimates that 2.3 billion people worldwide still don't have somewhere safe to go to the toilet: as well as poor hygiene this can also leave women in particular vulnerable to being attacked when finding a place in the open, especially at night. A current focus of their work is providing sanitation for Rohingya refugees from Myanmar (Burma), living in huge camps in Bangladesh with few facilities. If your church toilets, or even your own toilet at home, are feeling a bit lonely at present, why not consider twinning them? Find out more at www.toilettwinning.org, which also has resources for schools, youth groups and uniformed organisations as well as churches.

Karen Edmondson

First Tuesday Ladies

After our summer break our meetings resume on Tuesday 3 September. We will meet at 7:30 pm at 59 Croslands Park to watch the first part of a film about Mary Magdalene.

Elaine Pears

Youth spot

Messy Church at Trinity has been well attended over the last year. We have been covering various subjects. We made a large cross out of cardboard and plaster for the Bible Stories Exhibition in March. This worked with our theme of Jesus being our Superhero and other people in the Bible who were also the heroes of their time. We have also been busy making and creating artwork on other subjects including The Feeding of the Five Thousand, Jacob's Ladder, Peace and Pentecost. Our numbers have averaged 10 children and 7 adults. We have enjoyed meals and social time together after the crafts have been done.

Tim has organised our Family Fun Day in August, and I will let you know how that went next time.

At Trinity we have also been working with Victoria Infants School. They have taken part in a few activities including a Teddy bears picnic for the Reception children, and The Wise and Foolish Men with Year 1. We were also very lucky to work with them for our Christmas Nativity in church, where the children from Year 1 entertained us with confidence in acting out the nativity and the great songs and music to accompany the story.

Debbie Jackson



Green Tip

Oxfam has a new campaign. The following is adapted from the website.

People and the planet need your help

Did you know the textiles industry is more polluting than aviation and shipping combined? Every week 11 million items of clothing end up in landfill in the UK. Throwaway fashion is putting increasing pressure on our planet and its people - it's unsustainable. Now there's something you can do to help. Join Second Hand September and pledge to say no to new clothes for 30 days.

Fast Fashion Fact

From growing the cotton to the dyeing process, it can take an estimated 20,000 litres of water to make just one pair of jeans and one t-shirt. **To put this into perspective, it would take more than 13 years to drink this amount.**

Millions of pairs of jeans are sold in the UK every year. But with so many people around the world living without safe, clean water - and global demand for water continuing to rise - you've got to wonder if such a thirst for fashion can go on.

For more information and to sign the pledge not to buy any new clothes for 30 days go to SecondHandSeptember on the Oxfam website www.oxfam.org.uk

Individual Churches

Trinity

Monthly coffee morning Saturday 7th September 10:00 - 11:30 a.m. Sponsored by the Fundraising Committee.

On Saturday 21st there will be a Macmillan coffee morning organised by Janet and Kay, 10:00 - 11:30 a.m.

The midweek communion service will be held on Tuesday 3rd September at 10:30 a.m. in the Abbey Chapel.

On Friday 13th September at 7:30 p.m. Ros will once again give a flower arranging demonstration. This is always a popular event, so get your tickets early.

The weekly Bible study meetings will resume on Monday 2nd September at 7:00 p.m.

Family News

There have been no baptisms lately.

The good news to report is that Alan Ladds has come through his major operation and got home on Monday evening 5th August. He is tired but glad to be home. We give thanks that our prayers have been answered, but he still has a few hurdles to get over, so he and Janet need our continued prayers.

It is with sadness we mention the death of Kay's youngest brother Harold. He bore his suffering patiently but now he is at rest. We continue to remember Kay and the family at this time.

Margaret Manuell

Trinity Prayer - We meet in the lower meeting room at Trinity each Thursday morning between 8:50 and 9:30 am to pray; each week we give time to one of the United Area churches, and a set of streets, as well as other prayer concerns. If you have any prayer concerns or things you wish to be prayed for, please contact Janet/Alan Ladds (833882) so we can add them to the prayer book.

Week commencing

Sept	1 st	Broughton Community	J
	8 th	Millom	K
	15 th	Mission in UA	L
	22 nd	Trinity	M
	29 th	Vickerstown	N

Janet Ladds

Hartington Street

Messy Church Away Day

The HST Team Leaders and Crafters' Away Day will take place on Saturday 7th September from 10:00am - 3:00pm and will be held at Kirkby Methodist Church.

Bible Teaching:

During the course of the day the group will study the 4 Messy Church themes for each month between September and December. This will help prepare crafters for sharing God's word with the children who attend Messy Church each month. The Bible teaching will be led by our own Minister Rev Jennet McLeod and Charlie Mills.

Craft:

After the Bible teaching Chris Mills will lead the group in a craft to complement the Bible reading and aid the teaching of the story.

Communion:

At the half way point in the day Jennet will lead a communion service for all to share in.

Sunday School Picnic

The HST Sunday School Picnic was held on Sunday 30th June and was a roaring success! All 6 members of the Sunday School plus 15 members of the church set off for Broughton Methodist church following morning worship. Once Jennet had said grace, a lunch of cold chicken and sausages, pizza, salad, scotch eggs, pork pies and the HST Sunday School signature jam sandwiches was thoroughly enjoyed.

We also celebrated the Birthday of a Church member and as Charlie Mills is a former member of the HST Sunday School, we broke tradition and allowed the HST Sunday School version of 'Happy Birthday' to be sung to an adult to mark the occasion. The singing was led by Norma McNulty and was followed by slices of Birthday Cake.

HST Sunday School Happy Birthday

Happy, happy Birthday, Happy Year begun.

God who gives us Birthdays, Knows them everyone.

He is kind and loving, he is sure to hear,

So we ask his blessing for another year.

Toddlers @ the Hub

Toddlers @ the Hub resumes for the Autumn Term on Monday 9th September, 1pm - 2.30pm. All babies, toddlers and pre-schoolers welcome.

Knit and Natter

Knit and Natter continues to meet on Tuesday mornings in the Church. All knitters - novices and those with experience - are very welcome. The session starts at 10.00am and concludes at 11.30am with a brief time of prayer.

Messy Church

Messy Church resumes in September and the first session will be Saturday 28th September, **3pm - 5pm**. An afternoon of craft, storytelling and games will be followed by a hot meal. Everyone is very welcome. All children should be accompanied by an adult.

Bible Study

The Bible Study group runs on alternate Thursdays in the Hub at the new time of 10.00am. The next sessions are Thursday 5th September and Thursday 19th September. All welcome.

Lois Kavanagh

Beacon Hill

The theme for our Harvest series of meetings will be Susanna Wesley, as this year is the 350th anniversary of her birth. We will meet in the Wesley Room at 7:30 pm on 4 consecutive Monday evenings, beginning on 9th September. There will be lots of Wesley hymns, prayers and food and everyone is welcome to join us.

Our usual monthly coffee morning will be held on Thursday 26th September, 10 am-11:15 am, with stalls selling cakes, handmade cards, books and Fairtrade items.

Lilian Wood

Dalton

Since the last Newslink we have had quite a few events at Dalton. In June about 40 people had a fun evening when they got together for a Beetle Drive. The weather was not too kind to us for our Songs of Praise at the end of July but that didn't spoil a wonderful afternoon of singing with Dalton Town Band. The church was full, the singing of hymns from around the world was wonderful and around 50 people joined together for afternoon tea to round off a really enjoyable time.

Future Events:

Saturday 7 th September 9:45 to 11:15am	Church coffee morning Market Street
Tuesday 10 th September 2:30 pm	Midweek Communion Service Market Street
Saturday 28 th September 6 pm	Harvest Supper Market Street
Sunday 29 th September 9:30 am	Family Harvest Celebration Service Market Street
Sunday 29 th September 6 pm	Joint Harvest Praise with St Mary's Church at Market Street

R Willock

80th Anniversary of the start of World War 2:

The following events are being jointly organised by Dalton Churches and Dalton Town Council:

Tuesday 3rd September at 7.00pm: Short commemoration at the War Memorial concluding with the Last Post.

Saturday 7th September from 11:00am to 3:00pm: Exhibition of archive material with refreshments at the Drill Hall. Come and share your own memories of World War 2, or those handed down from parents and grandparents.

Saturday 7th September at 7.00pm: "Step Back in Time" at Dalton Cricket Club. Dalton Town Band will play nostalgic music, there will be readings, and an opportunities to sing, dance and reflect. Supper will be provided and tickets will be available to purchase by contacting either

Margaret Harrison on 01229 466069 or

Ann Hufton on 01229812439 by Monday 2 September.

Askam

Our Annual Garden Party in June was busy and everyone seems to have enjoyed the event. Sadly the weather was unsettled so we held it indoors. Thanks go to everyone who helped in any way - and especially to those who came along to share in the afternoon tea (and strawberries and cream) and spent so generously. We always live in hope of using our lovely Church Garden, but not that day. Fortunately the garden was enjoyed by the Trefoil Guild when they held their Garden Party on a beautiful day in July.

In 2000 Circuit Praise Group (as was its name then) was introduced to a new Christian Musical - The New Millennium - by our late and lovely Gill Heels. One of the pieces was called 'Skills and Abilities'. This urged us to all use the gifts we receive from God to the utmost. This has come to light during the last year of Sisterhood meetings. We have been blessed by our newer members, Beryl Allonby and Margaret Cain - Beryl for her skill at the piano and Margaret with her lovely singing voice (and biscuit making skills). We thank God for their continued contribution to the Sisterhood meetings. This year we have welcomed our first male member, Alan Mason - continuing our welcoming and inclusivity to Duddon Road Services.

Sisterhood begins again on Wednesday 4th September, when Rev Jenet McLeod will lead us through our annual meeting, when we reflect on the past year and elect officers for this coming year. Meetings are 2:30 p.m. - 3:45 p.m. and we would welcome anyone interested in joining us. We meet fortnightly. Future meetings: on Wednesday 18th September Clare Paling will talk to us about the new and continuing care given by St Mary's Hospice, 2nd October will see the return of the U3A Ukelele Group and on 16th October Praise Group will lead a Harvest Service.

The Chair Based Exercise Class begins on Thursday, 5th September at 9:30 - 10:30 a.m. Meeting weekly, we are taken through 3/4 hour of gentle exercise to music, with a time for a cuppa and fellowship afterwards. The charge of £2.50 pays for our trained exercise leader. If you are struggling with achy joints, or finding it harder to get out of your chair, or maybe you sometimes feel a little unsteady on your legs - please come along and hopefully you will feel a real benefit from the exercises. Contact Dorothy Gleaves Tel: 465378 if you have any queries. All are very welcome.

On Sunday, 4th August we held a Local Arrangement Service at Duddon Road, led by Alan Mason. With the theme of Good News, he included a film from Lebone Village as part of the service, which showed us the daily proof of God's work on earth in this wonderful orphanage in South Africa. Thank you Alan for the experience.

Dorothy Gleaves

Kirkby

From September our 10:30am Sunday Service will change to 11:00am. This is to help with the Plan. However, we will be open from 10:30am to serve tea and coffee before the Service. This will enable us to give the Preacher a well-earned drink after the Service and still leave by 12:30pm.

Both our Coffee and Company and Craft and Chatter have been well supported over the Summer. Now as we look ahead to the Shoe Box Appeal we will be very busy knitting, sewing and making items to put in the boxes. We also cover some boxes as people find this very fiddly at times, but we still have empty boxes which were kindly given to us from K Shoes when they moved premises in Kendal, so a big Thank You to them.

Beryl Hollowell

Ramsden Street

Greengate School choir came to sing for us at our Coffee morning on July 5th. The choir seem to get better each time they come and it was lovely to see quite a few of their parents too.

A Tea & Chat afternoon was held on Wednesday July 24th and it was a very happy occasion.

We were pleased to welcome Bobbie Rose Walker on Sunday August 4th for Infant Baptism. Bobbie was accompanied by her parents and other family and friends. The service was led by Rev Ron Wilson.

The next church lunch will be held on Wednesday September 4th.

The United Area Prayer shawl group meets at Ramsden Street on Wednesday 11th September from 1pm to 2pm followed by our midweek meeting at 2:15pm.

Our harvest supper and service will be led by Jennet on Friday September 13th beginning with a hot meal at 6pm.

FACTORS meets on Friday October 4th from 6pm to 7:30pm.

Anne Stevenson

Vickerstown

We have recently started a regular Bible Study at 10 a.m. on alternate Thursdays, initially looking at the book of Revelation a chapter at a time. At the time of writing we have held the first two meetings, with two more planned for August (15th and 29th). September's dates on this pattern will be Thursday 12th and Thursday 26th. Anyone would be welcome to join us.

There will be no coffee morning at Vickerstown in September, as August's is right at the end of the month on Saturday 31st, 10-11:30 a.m. with stalls selling homemade cakes, Fairtrade goods, books and bric-a-brac. There is likely to be a coffee morning on October 5th, to be confirmed in the next Newlink. At the suggestion of the annual church meeting, the proceeds from July's coffee morning (£70) will be used to support the ecumenical dementia-friendly tea services.

Karen Edmondson

CORNERSTONE CELEBRATION 2019

The Trustees of the Lonsdale Bible Society
invite you to join them in celebrating the work of Cornerstone

SUNDAY 29th September

15.00 - 17.00

Emmanuel Christian Centre

Bring & Share Tea

All-Age Worship

RSVP by Friday 20th September

(01229 583 563 or enquiries@cornerstonebooksandgifts.org.uk)

Please note address

Emmanuel Christian Centre, Mill Street , Ulverston.

Regular Sunday Services

Morning service times are as follows:

Askam	(Duddon Road) 11:00 am fortnightly (alternate weeks at St Peter's, Ireleth at 11:15 am)
Beacon Hill	(Holyoake Avenue, Barrow) 9:30 am
Dalton Community Church	(Market Street) 9:30am
Hartington Street	Barrow 11:00 am
Kirkby	(Marshside) 11:00 am (except 2 nd Sunday – 6pm service 5 th Sunday – 10 am at St Cuthbert's)
Millom	(Queen Street) 11:00 am
Ramsden Street	Barrow 11:00 am (except 1 st Sunday – 10:30am & 5 th Sunday – 11:00 am at Trinity)
Trinity Church Centre	(Warwick Street, Barrow) 11:00 am
Vickerstown	(Warren Street) 11:00 am

Evening services are held as follows:

Beacon Hill	6 pm every week
Trinity Church Centre	6:30 pm every week
Kirkby	6 pm on the 2 nd Sunday

United Area joint evening services as arranged. For details, please consult the Plan or the website: www.swcumbriaunitedareaurc.org.uk

Regular Coffee Mornings

Please note that coffee mornings are held every week as follows:

Millom -	Fridays from	9:30 till 10:30
Ramsden St. -	Fridays from	10:30 till 12:00



Broughton - Tuesdays:	at the Square Café from 10:30 to 12 noon
Dalton - Mondays:	Tea and Chat at Wellington Street from 10 to 11:30
Hartington St - Tuesdays:	Care & Share Fellowship & Knit & Natter from 10:00 to 11:30