



At the time of writing we are approaching the summer solstice (21st June 3:54pm), the longest day in the year. "On this day, the number of hours of daylight are at their maximum, while the number of hours of night are at their minimum. However, while most people consider the summer solstice to be a day, it is in reality an exact moment in time that falls upon that day."

And I began to worry that this meant changing the clocks again, until I realised that that was something totally different. In

fact, I found out via the very helpful Mr Google (note other search engines are

available!) that what we know as Daylight

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Saving Time, or DST, originated in Germany during the First World War -April 30, 1916, to be precise - in order to conserve energy by making the most of the available daylight hours. Most European nations would slowly adopt similar seasonal changes, if intermittently: the UK and Ireland abandoned the practice in 1968 only to return to it in 1972. Finally, in 1996, the EU unified the continent under one system, European Summer Time, observed from the last Sunday in March to the last Sunday in October, but this is due to be scrapped. An EU public consultation carried out in August 2018 drew over 4.6 million votes, the most ever received by the EU. It found that 84 per cent of respondents across 28 member states were in favour of putting an end to the bi-annual clock change. And the reasons seem very compelling - researchers tabulating millions of hospital records found a significant spike in heart attacks and car accidents in the Northern Hemisphere. A

Area Website www.swcumbriaunitedareaurc.org.uk

2016 study also found that in Finland strokes go up by eight per cent in the two days after DST. There is a large body of evidence that shows DST is harmful to both public health and the economy. "My own research shows spikes in work injuries and cyberloafing, and dips in moral awareness are all associated with the dip in sleep," says Christopher Barnes, associate professor of management at the Foster School of Business in Seattle, Washington, who has done multiple studies on the effects of the clocks going forward and back. (Cyberloafing, for those in the dark as much as me, is defined as spending work hours checking personal emails or visiting websites not related to work - put down to your brain being confused by the small but sudden change in losing an hour of sleep!!).

The change has been delayed until 2021 and it is doubtful that Brexit will have any impact on the UK adopting this policy to put an end to the twice-yearly adjustment of clocks. And so the UK will be seen to dispense with one of its long-lived-with traditions.

Are we, the church, also ready for a big change in our tradition?

We in the United Area have been thinking about whether we are or could become an 'inclusive church' and what this means not only for us as Christians, but also the millions of citizens who feel marginalised for a variety of reasons. For me the feedback from churches who have engaged with these resources has been positive and has encouraged people to revisit Scripture afresh and question previously long-held opinions. And of course, this all comes ahead of the consultation on relationships and same sex marriage that the Methodist Church will be initiating after Conference this summer. An initial report by the Marriage and Relationship Task Group has just been published. This report considers, amongst other matters, the good purposes that God has in mind for relationships and the possibilities for self, community, creation and kingdom. The group recognise that 'God calls us as disciples of Christ to bear the marks of the love of Jesus in all of our relationships' and seeks to address faithfully how we relate to one another despite any differences. Personally, I am pleased to see that the report, which runs to over 67 pages, considers the impact of many resources, for example the law of the land, Government guidance, Scripture and Church policy before setting out its recommendations to Conference. The recommendations within the report appear very similar to the position the URC has adopted on this topic and include being open and positive about sexuality and relationships, valuing relationships of grace, and to widen and justify the understanding of marriage as being between two persons.

I wonder if we as a church are ready to embrace a new tradition perhaps making our churches truly inclusive.

God bless and enjoy the summer,

Rev Zena and Boaz

To access the report please go to

 $\underline{https://www.methodist.org.uk/about-us/the-methodist-church/marriage-and-relationships-2} \\ \underline{019/}$

Chapter And Verse

The third in our new series where people share Bible verses that are particularly meaningful to them.

One of the texts which encapsulates so much of our Christian faith is to be found in Ephesians 2:8-9 New Revised Standard Version (NRSV)

"For by grace you have been saved through faith, and this is not your own doing; it is the gift of God - not the result of works, so that no one may boast."

At an inter-faith conference in the middle of the twentieth century representatives from each of the world's major faiths were asked to explain what it is that makes their faith unique. The Christian group were discussing their response when C.S. Lewis joined them and when asked what his thoughts on the matter were he replied in an instant, "Grace". In his letter to the church at Ephesus Paul reminds the young Christians that their new relationship with God has absolutely nothing to do with anything they have done but is entirely through God's deep love for us which is totally unmerited and undeserved. Quite simply salvation cannot be earned; it is the gift of a God who offers us the opportunity to respond to his love.

Charlie Mills

Keswick Convention

This year's Keswick Convention will once again take place over three consecutive weeks beginning on Saturday July 19th and finishing on August 2nd. This year's theme is Longing. As always speakers are experts in their area of Bible study and drawn from a range of denominations. Unlike other Christian festivals where a site pass is generally required Keswick is entirely free and depends on freewill offerings. While the full Convention experience is probably best experienced over a week many drop in for a day or two and others world-wide pick up live broadcasts on Clayton TV of morning Bible Studies and evening celebrations.

Charlie Mills

REGIONAL & NATIONAL WEBSITES

www.cumbriamethodistsdistrict.org.uk

Connexional: <u>www.methodist.org.uk</u>

North West Synod: www.nwsynod.org.uk

National: www.urc.org.uk

September issue No 144 of will be published at the end of August Please send all material to reach Lilian Wood, 89 Risedale Road, Barrow, LA13 9QY by Sunday August 4th. Items can also be passed on by

2 01229 825986 or ⊠ <u>lilian.wood4@gmail.com</u>

Synod Report

Cumbria District Methodist Synod met on 4th May at Penrith. The theme of the day was 'Sanctuary' and the keynote speaker was ex-President of Conference, Rev Dr Inderjit Bhogal, who encouraged us to reflect on what it means for churches to be places of sanctuary, offering hospitality to those who find themselves on the margins - a theme that fitted well with our 'Inclusive Church' series of services. We heard from Egremont Methodist Church and their experience of welcoming a Syrian refugee family, and in the workshops that followed we thought about how our own churches might be churches of sanctuary. A further 'good news' slot featured our own Sophie Carnaby who, despite some technical difficulties with her Powerpoint pictures, managed a very impressive presentation telling the story of our charity shop, 're:new'. We heard how the new Vocations Task Group will be able to help us encourage people in our churches to consider how God might be calling them to serve in many different ways in our churches and communities, and Martha Rand, daughter of Rev Jo Rand from the South Lakes Circuit, gave an inspiring account of her experience at 3Generate and encouraged us to consider volunteering at the 2019 event even if we don't have young people in our churches who might attend. We said the usual farewells to ministers leaving the District, and this included thanks and farewell to Rev Richard Teal as this was his last Synod in Cumbria before he moves to a Circuit appointment in Driffield. We look forward to hosting the Autumn Synod on 14 September at Beacon Hill - nearer the time, we'll be looking for lots of volunteers to help it run smoothly!

Jennet McLeod

Farewell And Welcome Services

The Farewell Service for the Chair of the Cumbria Methodist District, Rev Richard Teal, and Mrs Susan Teal will be held at 4 pm on Saturday 13th July at Penrith Methodist Church. The preacher will be the Secretary of the Methodist Conference, Rev Gareth Powell. The service will be followed by light refreshments.

The Welcome Service for the new District Chair, Rev Dr James Tebbutt, will be held at 7 pm on 31st August at Penrith Methodist Church.

First Tuesday Ladies

We will meet on Tuesday 2nd July at 7:30 pm at 59 Croslands Park, when we will share food and some of our favourite hymns and readings. There will be no meeting in August.

Elaine Pears

Farewell Service For Deacon Tom Luke

As you may be aware, Deacon Tom Luke is 'sitting down' this year.

I have been asked by Revd David Hardman, Superintendent of the Hyde and Denton Circuit where Tom is currently serving, to contact each of the Circuits that Tom has previously served in to inform them of the details of his farewell service. To this end, we would appreciate it if you could circulate the following details to anyone who may wish to attend this service:

Date: Sunday July 21st 2019

Time: 6pm

Location: Denton Methodist Church, Hyde Road, Denton, Manchester, M34 3AQ Please feel free to circulate this email, including this email address on which I can be contacted if anyone has any queries.

If people are unable to attend, but wish to send a message to Tom then I am also coordinating this.

In addition, we are trying to gather together as many photos of Tom (and Jan's) time in ministry and would appreciate it if people could forward photos to me. There are a number of ways in which this can be done, and I am happy to instruct people on how to do this should that be needed.

This part of the plans for the Farewell Service is somewhat secret, and we would appreciate it if nothing was mentioned to Tom.

If you have any queries or comments, please do let me know.

Karen Attaway, Circuit Administrator

Hyde and Denton Methodist Circuit

email: admin@hydeanddentonmethodist.org.uk

mail: Circuit Office, Hyde Central Methodist Church, Crook Street, Hyde, SK14 1NQ

Please note my regular working hours are as follows:

Tuesday: 9am - 1pm Friday: 12noon - 4pm

Emails will not be checked outside of these times

Christian Aid Project

Thank you to Ramsden Street for their donation to the project to help children in Kenya affected by HIV and AIDS. Our total is now £3153.05.

Our target is £5000, which we aim to reach by June 2020. You will remember that the project is part-funded by USAID, who will give £17 for every £1 raised, so when we reach our target we will be responsible for raising a considerable sum of money.

Lilian Wood

Youth Spot

Beacon Hill's Messy Sunday School continues once a month, still with the same 5 children but with much more fun and enthusiasm. Shepherds have raced to Bethlehem, eggs have been rolled and "fish" caught in "nets", all accompanied by DIY sandwiches, chocolate cakes, marshmallows dipped in chocolate and, the latest, fish finger sandwiches which we ate with the Lord on our carpet beach. We have made lots of crafty things, all on the themes from the Bible, and prayers round off the sessions. It's great to hear the children say "This is fun" and when mum comes to collect them, they're in no hurry to go home. So far we all seem to have enjoyed this new way of hearing what the Bible has to say.

We continue our good relationship with Newbarns Primary School. By the time you read this we will have joined them in clearing the local area of litter.

Elaine Pears



Green Tip

Save The Planet - Save Your Pocket!

This is the motto of 'Cut The Wrap', a zero waste shop in Ulverston. For anyone aiming to reduce the amount of single-use plastic and surplus packaging in their life, this is the perfect place to shop. Cut The Wrap is actually a new twist on an old idea, the traditional 'weigh shop', where you fill up your own containers with just the amount you want, rather than the amount the supermarket wants to sell you, without your grocery shopping creating any waste. Refill instead of landfill!

The attractive shop on Upper Brook Street offers an impressive range of products. Dry goods include different types of rice, pasta, cereals and flour, along with nuts, dried fruits, chocolate, herbs and spices. Wet goods include honey, various oils - and even their own freshly-ground, zero waste hazelnut chocolate spread, NOTella! They also sell personal and homecare products like shampoos, soaps and bamboo toothbrushes, as well as a range of eco-friendly washing liquids for skin, clothes and dishes. Beeswax wraps, cotton produce bags, storage jars and re-useable coffee cups are currently available, and the aim for the future is to be able to offer fresh goods, too.

Cat and Paul started the business last year knowing that consumers were looking for a more environmentally-friendly way to shop. As well as cutting back on non-recyclable packaging - including in the deliveries they get from wholesalers - they reduce the carbon footprint of their goods by sourcing products locally where possible. They often create window displays based on the environmental issues around food production and supply, and customers are even invited to bring in their empty crisp packets for recycling. As the shop's motto suggests, the benefits of shopping there are not solely environmental. By buying unbranded and unwrapped products in the quantities you desire, you will also save money. So, dig out your Tupperware and wash out your empty jars and head to Cut The Wrap!

All in a Good Cause

A further article in our series highlighting the charities and causes supported by churches and individuals throughout the Area.

All We Can

product to sell.

All We Can is an independent charity rooted in the Methodist Church in Britain. In the 1930s, a Methodist minister, Rev Henry Carter, set up the Methodist Refugee Fund to help refugees in Germany and Austria. In the 1950s this became known as the Methodist Relief Fund, dealing with natural and man-made disasters. In the 1970s a new World Development Fund was launched, to encourage education and political action to address some of the structural causes of poverty. In 1985, the two Funds were merged to form the Methodist Relief & Development Fund (MRDF). The main work was increasingly about meeting longer-term needs, particularly by supporting adult literacy, basic healthcare, and agricultural training. By 2013, MRDF was supporting long-term development projects with 38 partner organisations in 16 of the world's poorest countries. In 2014, MRDF became All We Can and was recently shortlisted in the Grantmaking and Funding section of the 2019 Charity Awards.

At Beacon Hill we have supported All We Can for some years at Harvest time, when we use the resources they produce with the Sunday School children. At Christmas, church members give one card to the church family and donate money so that we can buy gifts through the All We Can 'Extraordinary Gifts Appeal', giving families and individuals the means to help themselves out of long term poverty. Some examples from last Christmas: The 'Make a Splash' gift helps to provide clean water to families, helping to protect them from water-borne diseases, while the "Springs of Hope' gift helps communities to build irrigation systems ensuring they can water their crops during periods of drought. 'Chirpy Chicks' helps families to start a new business, rearing and selling chickens, while 'Busy Bees' provides beehives and training in beekeeping, giving them a lovely

'Tools for Success' provides vulnerable young people and women with tools and training to set up tree nurseries and grow indigenous trees, earning a living while improving their local environment.

Kathryn Aldred

Dalton Community Church (Methodist/United Reformed) invites you to

Songs of Praise From Around the World



with Music by Dalton Town Band Sunday July 28th, 3pm on the lawn at Market Street Church, Dalton



In the church if wet

Retiring collection for Dalton Town Band Funds

The service will be followed by refreshments

ALL WELCOME

Individual Churches

Trinity

Monthly Coffee Mornings will be on 6th July and 3rd August at the usual time 10:00 a.m. - 11:30 a.m.

Midweek Communion Services, July 2nd and August 6th at 10:30 a.m., preceded by refreshments from 10:00 a.m.

Family News

On Sunday 2nd June it was a pleasure to welcome Paul and Victoria Thompson who brought their son Zachary for baptism, a happy service conducted by Jennet. We had a full church as family and friends came along to be part of the event. We hope the service was meaningful to all and that we might see them again, maybe at Messy Church. The next Messy Church will be on Saturday 13th July, from 3:00 - 5:00 p.m.

Margaret Manuell

Trinity Prayer - We meet in the lower meeting room at Trinity each Thursday morning between 8:50 and 9:30 am to pray; each week we give time to one of the United Area churches, and a set of streets, as well as other prayer concerns. If you have any prayer concerns or things you wish to be prayed for, please contact Janet/Alan Ladds (833882) so we can add them to the prayer book.

Week commencing

July	7^{th}	Vickerstown	В
	14^{th}	Hartington Street	C
	21^{st}	Ramsden Street	D
	28^{th}	Beacon Hill	E
Aug	4 th	Dalton Comm Church	F
	$11^{\rm th}$	Urswick community	G
	18^{th}	Askam	Н
	25^{th}	Kirkby	I

Janet Ladds

Beacon Hill

For many years we have taken part in the house-to-house collection during Christian Aid Week, but this year we also set up a stall outside Harrel Lane Co-op. With a raffle and tombola (with consolation prizes of sweets for everyone who took part) we made £146. When the street collection amount was added we raised over £400.

Our monthly coffee mornings will be held on Thursday 25th July (in aid of Network) and Thursday 29th August, 10 am-11:15 am, with stalls selling cakes, handmade cards, books and Fairtrade items.

Lilian Wood

Hartington Street

Toddlers @ the Hub

Toddlers runs on Mondays (term time only) 1:00pm - 2:30pm in the Hub. All babies, toddlers and Pre-Schoolers welcome.

Knit and Natter

Knit and Natter continues on Tuesdays 10:00am - 11:30am in the Church. Tea and refreshments included, each session concludes with a short time of prayer. The last meeting before the summer break will be on 16th July and meetings will begin again on 3rd September.

Bible Study

The Bible Study group runs on alternate Thursdays in the Hub at 1:30pm. The next sessions are Thursday 11th July and Thursday 25th July. All welcome. There will be no meetings in August.

Chapel Anniversary

Sunday 2nd June marked Hartington Street's 145th anniversary. The occasion was marked by morning worship being led by former church member Deacon Anita Shaw. A shared family meal followed the service. Between courses Charlie Mills interviewed Anita on the subject of her ministry and the certainty of knowing how God goes before us in all that we do.

Sunday School Picnic

The Sunday School Picnic will be held on Sunday 30th June and this year's destination is Broughton Methodist Church and Park. We will leave for Broughton after morning worship, eat our lunch at Broughton Church then spend the afternoon in the park. The Sunday School hope all church members will join them on the picnic!

Messy Church Away Day

On Saturday 14th September, all those involved in HST Messy Church will be participating in a training day as preparation for Messy Church for the Academic Year 2019 - 2020. The venue for the 'Away Day' is Marsh Side Methodist Church at Kirkby-in-Furness and the programme for the day runs from 10:00am - 3:00pm.

During the day, the crafters who run each station at Messy Church will be studying 4 Bible passages and participating in craft activities in preparation for the September, October, November and December Messy Church Sessions so that they can be secure in their own understanding of them before teaching them to the children and parents who attend. The 'Away Day' promises to be a great time of learning and fellowship and will conclude with a short Communion Service.

Lois Kavanagh

Askam

Sisterhood had a wonderful afternoon in May when they were entertained by the Millom Phoenix Singers. Their programme was very varied, and superbly conducted by their leader Pippa Mayfield. She has such a wonderful rapport not only with the singers, but also with the members of the audience - encouraging our involvement in many of the songs. One very moving piece had been written by Pippa with one of the singers, who had helped to complete the music and words shortly before she died. Listening to this brought tears both to the singers and audience, and is obviously a very special piece for the singers.

Everyone enjoyed the party tea afterwards, and it was good to share music and fellowship together. Christian Aid envelopes were generously filled by the Sisterhood members and also members of the choir. It was a pleasant surprise to discover later that we had had a visit from the talented Cumbrian author Ruth Sutton, who it appears is a member of the Phoenix Singers - another skill.

Askam Parade Day started out with hope of good weather but unfortunately it deteriorated so that it was too wet on the field for the dancing to take place. There was a small parade, but then I was asked if the children could dance in the Duddon Road Church Hall. Why not I thought, we are an inclusive Church. How many children? About 100. Wow, it's a while since we had that number on the premises. So began a very long and interesting afternoon.

The babies with mothers appeared first, and the Church was soon very full. It was amazing to see the 'props' that were brought in - chairs as part of one dance sequence, then a wide set of steps, again part of an act. Later on (we were now on the adult groups) we even had Father Christmas (a real man - no child) with all his lady elves. We did have to draw the line when one group tried to walk through with six galvanized dolly tubs containing the old fashioned sweeps' brooms, for by that time there wasn't any floor space left in the Church. The dancing took place in the hall, with the judges doing their 'judging' and eventually seven hours later the winning School of Dance received their awards.

It had been a very eventful day - tiring but rewarding, and I do hope that Askam Methodist will be remembered as a very welcoming Church, for we all did our very best to make it so.

Our thanks to the Askam Community Events Committee who sent in the 'Cleaning Squad' next morning to give everywhere a good brush and polish.

A long way ahead but just a reminder that the Sisterhood starts again on Wednesday 4th September with our Annual Meeting led by Rev Jennet McLeod at 2:30 p.m.

Dorothy Gleaves

Dalton

The Bible Society coffee morning in Ulverston raised £218 for Bible Society work. Once again we had a packed church as we hosted Dalton Town Council Civic Service. Dignitaries from afar and representatives from voluntary organisations joined the congregation.

The Churches in Dalton organised a Bible Society stall (to celebrate 20 years of "Open the Book" in primary schools) at Dalton Carnival. Sadly the event was ruined by awful weather.

Future Events:

Saturday 6th July 9:45 to 11:15 am Church coffee morning at Market Street Tuesday 9th July at 2:30 pm Midweek Communion Service at Market Street Sunday 28th July at 3 pm Songs of Praise on the Lawn - indoors if wet. Please note the date - not 21st as stated in the Plan.

Saturday 10th August 9:45 to 11:15 am Bible Society coffee morning Market Street Tuesday 13th August at 2:30 pm Midweek Communion Service at Market Street

2 Willock

Congratulations to Raymond on being awarded the Dalton Champions Cup for services to the community.

Dorothy Qazi (Nee Comber)

Died Sunday 2nd June 2019

Dorothy and I grew up in adjacent streets in Dalton. We both became members of the Church of Christ but then our lives took very different paths and it wasn't until I returned to Dalton in 1985 that I really got to know her. Dorothy was a lovely lady, kind, gentle and caring, always quiet in her manner and never had a bad word to say about anyone. If you wanted to have a good gossip you did not go to Dorothy.

As you all know, Dorothy was a very active member of Dalton URC leading worship, Bible study and her beloved Christian Women's Fellowship. She was also our representative on the Women's World Day of Prayer. Among her other interests Dorothy was secretary of Dalton Abbeyfield Society where she was very much loved and respected.

Dorothy had a great sense of humour and this was always very evident at our CWF parties. Dorothy ran the CWF from the early eighties and we always had two parties a year. In the earlier years we were a big group and she and Elsie would adapt a pantomime for us to do at Christmas. During the past few years our numbers dwindled but we still had lots of fun. Dorothy would arrive with several books of funny stories and jokes, and as she read them she would have tears running down her cheeks - it was a good job she didn't wear mascara! We always ended the evening with the Wright Family Game. This was a form of passing the parcel - we each took a present which was passed round the table as Dorothy read the story of the Wright family, each time she said right we passed

the parcel to the right and when she said left the parcels went the other way. It wasn't very long before chaos reigned with half a dozen parcels in front of one person and several had none, we did however all go home with a present we hadn't brought so that was good.

It is always sad to lose someone we love and we remember the family and friends Dorothy has left behind, especially Aziz, Bobby and his family, Ann and her family, Elsie and Susan. I hope they will be comforted by the sure knowledge that Dorothy is now at peace, free from pain and resting in the ever loving arms of the God she loved so much. RIP Dorothy.

Freda

Kirkby

After a very busy and hectic May and June we will be slowing down in July and August. We will still be having our Coffee and Company on the first Wednesday of the month and Craft and Chatter on the third Wednesday. Anyone who fancies a run up to Kirkby on a sunny day is most welcome to join us.

Beryl Hollowell

Ramsden Street

Greengate School choir are coming to sing for us at our Coffee morning on July 5th at 10:30am. This is something we always look forward to - as do the children.

A Tea & Chat afternoon will be held on Wednesday July 24th from 2:30pm. There will be various stalls and tickets are on sale at £3.50 which includes afternoon tea.

Our harvest supper and service will be led by Jennet on Friday September 13th beginning with a hot meal at 6pm.

Please note our new times for our Friday coffee morning. We will now finish at 11:30am.

Anne Stevenson

Vickerstown

There will be coffee mornings at Vickerstown from 10-11:30 a.m. on Saturdays July 20th and August 31st, with the usual stalls - homemade cakes, Fairtrade goods, books and bring-and-buy as well as hot drinks and toasted teacakes. All welcome to join us for a cuppa, chat and browse.

Though it was a sad occasion, it was lovely to see the church full for the funeral of Dorothy (Dot) Parry on June 5th, as family and friends gathered to remember and celebrate her life and commend her to God's care. Martin Williams led a comforting service with many happy memories of Dot's 90+ years, and donations left in church for the 'Hospice at Home' service that helped Dot and her family in the last few weeks amounted to more than £250. As a long-standing, ever-present member of Vickerstown's congregation and fellowship, she will be very much missed.

As we continue to work with St. Mary's Church on Walney, we hope to hold a joint 'Sea Sunday' service at West Shore (in the area of the car park at the beach end of West Shore Road) on Sunday July 7th at 3:30 p.m. - as an island, and with the shipyard as a major town employer, this feels like an occasion we should mark (though for availability reasons, a week earlier than the suggested date of July 14th). Sea Sunday is an initiative of the Sailors' Society to remember all those who work on the sea.

Karen Edmondson

Regular Sunday Services

Morning service times are as follows:

Askam (Duddon Road) 11:00 am f**ortnightly** (alternate weeks at St Peter's,

Ireleth at 11:15 am)

Beacon Hill (Holyoake Avenue, Barrow) 9:30 am

Dalton Community Church (Market Street) 9:30am

Hartington Street Barrow 10:30 am

Kirkby (Marshside) 10:30 am (except 2nd Sunday – 6pm service

5th Sunday – 10 am at St Cuthbert's)

Millom (Queen Street) 11:00 am

Ramsden Street Barrow 11:00 am (except 1st Sunday – 10:30am &

5th Sunday – 11:00 am at Trinity)

Trinity Church Centre (Warwick Street, Barrow) 11:00 am

Vickerstown (Warren Street) 11:00 am

Evening services are held as follows:

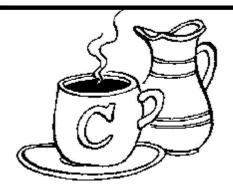
Beacon Hill 6 pm every week
Trinity Church Centre 6:30 pm every week
Kirkby 6 pm on the 2nd Sunday

United Area joint evening services as arranged. For details, please consult the Plan or the website: www.swcumbriaunitedareaurc.org.uk

Regular Coffee Mornings

Please note that coffee mornings are held every week as follows:

Millom - Fridays from 9:30 till 10:30 Ramsden St. - Fridays from 10:30 till 11:30



Broughton - Tuesdays: at the Square Café from 10:30 to 12 noon

Dalton - Mondays: Tea and Chat at Wellington Street from 10 to 11:30

Hartington St - Tuesdays: Care & Share Fellowship & Knit & Natter from

10:00 to 11:30